



10th Latin American Congress on Epilepsy

San José - Costa Rica 29 Sept - 2 Oct 2018



In association with:



IBE Day

Saturday, 29th September 2018

REAL 3

09:00 – 12:00

Introduction IBE Day

Monterrey Álvarez Priscilla (Costa Rica)

International Bureau for Epilepsy

Martin Brodie (Scotland)

Family and social stigma in epilepsy

Núñez Orozco Lilia (Mexico)

Epilepsy and education

Mesa Latorre Tomas (Chile)

Recommendations for parents and caregivers in the management of limits

Pesantez Galo (Ecuador)

Impact of physical exercise on the psychosocial aspects of epilepsy

Árida Ricardo Mario (Brasil)

12:00 – 12:30

BREAK



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Jornada IBE

Sábado, 29 de septiembre 2018

12:30 – 14:30

REAL 3

Risks on epilepsy

Fabelo Justo (Cuba)

Epilepsy in fertile age, pregnancy and lactation

Monterrey Álvarez Priscilla (Costa Rica)

Sleep hygiene in epilepsy

Estrada Liliana (Costa Rica)

Lifestyles in epilepsy

Chaves-Sell Franz (Costa Rica)



15:00 – 15:30

BREAK

15:30 – 18:00

Considerations in medication management

Vargas Howell Roberto (Costa Rica)

Alternative treatments in epilepsy

Bogacz Alicia (Uruguay)

Mental health for patients and caregivers

Kanner Andres (USA)

Art and epilepsy

Förster Jorge (Chile)

Final Remarks

Closing IBE

Mesa Latorre Tomás (Chile)

Núñez Orozco Lilia (Mexico)

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